AI Cruise Granny™
CRUISE WITH CONFIDENCE

FREE CRUISE GUIDES
FOR CRUISE GRANNY™'S CREW

CRUISE PACKING CHEAT SHEET

PACK IT · CARRY IT ON · LEAVE IT HOME

LEAVE IT HOME
The ship takes these off you

- [ ] **Surge protectors**
  Banned on all 10 cruise lines we checked
- [ ] **Irons & garment steamers**
  Prohibited on Royal Caribbean, Celebrity, Carnival, Norwegian
- [ ] **Candles & incense**
  Prohibited on every line that publishes a rule
- [ ] **Marijuana & CBD**
  Prohibited, even medical, even where legal ashore
- [ ] **Power strips**
  Prohibited on Royal Caribbean & Disney. Check your line

CARRY IT ON
Your bags arrive later

- [ ] **Medication**
  Original labelled containers, plus extra for delays
- [ ] **Travel documents**
  Plus copies of your prescriptions
- [ ] **Swimsuit**
  The pool is open before your suitcase arrives
- [ ] **Power banks & spare batteries**
  Carry-on only for the flight (TSA)
- [ ] **Flight liquids**
  3.4 oz / 100 ml, one quart-size bag (TSA)

PACK IT, IT'S ALLOWED
The ones people get backwards

- [ ] **Hair dryer, curling iron, flat iron**
  Allowed on board
- [ ] **One bottle of wine**
  1 × 750 ml per person, embarkation day: Royal, Carnival, Celebrity
- [ ] **Soda or water**
  Royal: 12 per stateroom. Carnival: 12 cans per person
- [ ] **Two dressy outfits**
  Two formal nights on a 7-day Royal, Carnival or Princess cruise

4 THINGS NOBODY LISTS
What Cruise Granny™ always packs

- [ ] **A lanyard**
  Your cabin card is your key, wallet and ID
- [ ] **Magnetic hooks**
  Cabin walls are steel. Hanging space is not
- [ ] **Rain jacket with a hood**
  Not an umbrella. Alaska and the Caribbean
- [ ] **Shoes you can stand in**
  For three hours. The port day decides

SPECIAL NEEDS FORM DEADLINE
Shower stool, CPAP cord, fridge for medication: file it or the answer is no.

30 days
Royal Caribbean · Celebrity · MSC

45 days
Norwegian · Virgin · Holland America

60 days
Princess · Disney

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Rules quoted from each cruise line's own website, checked 24 Sep 2026. Rules change: check your own cruise line before you sail.

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